

Government of Punjab
Department of Health and Family Welfare
(Health-6 Branch)

To

1. Vice-Chancellor, BFUHS, Faridkot.
2. All the Deputy Commissioners
3. Principal, Government Medical College, Patiala & Amritsar
4. All Civil Surgeons

No. 1282159/1-4

Dated, Chandigarh, the 26/07/18

Subject- OPD in Government De-addiction Centres.

It appears that with the introduction of Outpatient Opioid Assisted Treatment (OOAT) clinics and there being OOAT Centres next to De-addiction Centres, the OPD work of De-addiction Centres has shifted entirely to OOAT Centres. The matter came up for discussion in the meeting of Hon'ble Chief Minister with Deputy Commissioners and Senior Superintendents of Police on 24/7/2018 that at many places the patient load is too heavy for OOAT Centres alone to handle.

After discussions, it has been decided as under-

- (1) The Psychiatrists from district hospitals and Psychiatrists from De-addiction Centres will entertain outpatients of substance abuse.
- (2) The Psychiatrists can prescribe take home dose of Buprenorphine-Naloxone and Tramadol etc. In order to avoid shifting of OPD load from OOAT Centres to De-addiction Centres, it is suggested that to begin with, patients who stand detoxified or have been coming regularly to OOAT Centres and the patients who have stabilized, be shifted from OOAT Centres to De-addiction Centres and Psychiatrists can prescribe the patients take home dose up to one week and in unavoidable circumstances for cogent and documented reasons up to 14 days or 100 tablets of Buprenorphine-Naloxone whichever is less.
- (3) User ID and Password for patient entry into central registry system which is being followed in OOAT clinics may be collected from the IT Cell of NHM. The above orders will be implemented as soon as the De-addiction Centres have all necessary arrangements for online patient entry into central registry system to keep a check on adequate dispensing of medicines.

Darshan Chandra

Additional Chief Secretary Health