



PUNJAB HEALTH SYSTEMS CORPORATION

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State Institute of Health and Family Welfare, Adjoining Civil Hospital Mohali,

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No. PHSC/BB/12/961-217

Dated: 14.5.12

MOST URGENT **O.T. WEEK**

To

1. Mission Director (NRHM), Punjab,
2. Director, Health Services, Punjab, Chandigarh,
3. Director, Family Welfare, Punjab, Chandigarh,
4. All Civil Surgeons, in the state of Punjab,
5. All Deputy Medical Commissioners, in the state of Punjab,
6. Medical Superintendents, Civil Hospital Jalandhar and MKH Patiala,
7. All Senior Medical Officers, I/c CH/SDH/CHC under PHSC

Subject: Operation Theatre Week 24.6.2012 to 30.6.2012.

The cleanliness, disinfection, sterilization of operation theatres is very important in order to reduce hospital acquired infections and post operative recovery of surgical patients. It has come to my knowledge that the general guidelines for the cleanliness of operation theatres are not being followed carefully as a result of which there is increased risk of hospital acquired infections. To improve the basic cleanliness of OT, the following steps are to be taken in the O.T Week, which will be observed in every quarter of a year in the 4th week of June, 4th week of September, 4th week of December, 4th week of March. The SMOs must personally supervise the steps taken to observe this week. This should be ensured by Civil Surgeons, Senior Medical Officers and Deputy Medical Commissioners.

The stepwise report on the activities and achievements of OT Week is to be submitted in every subsequent week after O.T week at the e-mail address otweek.phsc@gmail.com.

Cont.2.

Guidelines:

1. Culture and sensitivity swab including from walls, OT tables, Ceiling lights, floor, OT light should be taken for all the potential infection sources.
2. Once a fortnight the OT should be fumigated and closed for all surgeries.
3. There should be no leakage /dampness in the OT. If there is any leakage/dampness it should be immediately taken care of in consultation with the XEN PHSC, Mohali.
4. Examination tables/beds/trolleys, operating procedure tables or other potentially contaminated surfaces should be cleaned with a cloth dipped with dis-infectant solution.
5. All counters, tables, sink, lights and door handles should be cleaned with detergent mixed water for disinfection.
6. The matter and material not in use in the Operation Theatre since long should be disposed off with proposed procedure.
7. Equipment like operation roomlights, Anaesthesia Machines and related equipment, ECG Machine, Electro Cautery Machine, Suction Machine etc should be checked for proper functioning and cleaning and disinfecting should be under taken.
8. Ventilation and air conditioner/pollen filter of AC must be checked out/serviced. Exhaust should be properly cleaned and covered to avoid dust.
9. Proper disposal of "sharps" used in the operation theater like blade etc is to be observed. Sharp needles should be destroyed with the needle cutter in OT and then dipped in Hypochlorite Solution. All protocol in this regard should be followed meticulously.
10. Separate segregation of Bio Medical Waste in separate bags as per biomedical waste norms should be observed and it should be ensured that the concerned firm collects the biomedical waste as per schedule.
11. You must check that all the staff inside the operation theater are wearing.
 - a. **Sterile Gloves**
 - b. **Sterile Face Masks**
 - c. **Sterile Foot wear**
 - d. **Sterile Theatre Caps**
12. The staff wearing sterile OT clothes should be instructed to not to go out of the OT for any OPD/ indoor purpose during OT hours because it could result in OT contamination.
13. Wheel chairs/trolleys should not be taken out of the OT to wards etc. At the point of exit separate trolleys/wheels Chairs should be used for transporting patients to wards.

14. The OT linen should be of a separate colour so that it does not get mixed up with the general linen of the hospital.

These guidelines are only indicative. Please consult medical text books /standard literature on the subject to make your endeavours more successful and longlasting.

ਮਨੀ ਮੁਖਿਅਕ
Managing Director
PHSC, Mohali

C.C to:-

Secretary to Principal Secretary Health and Family Welfare, Punjab for kind information to PSHFW, Punjab.